



NLMAF

NETHERLANDS MIXED MARTIAL ARTS FEDERATION

NLMAF Age Banding Criteria

NLMAF Age Band policy is as follows:

That a competitor's age category will be determined by their age on the first day of (and throughout) the competition, as outlined below:

Youth category C 12 – 13 years old

The player must not be under the age of 12 years or aged 14 years before 1st day of competition and must be within this age band until the competition has been completed.

Youth category B 14 – 15 years old

The player must not be under the age of 14 years or aged 16 years before 1st day of competition and must be within this age band until the competition has been completed.

Youth category A 16-17 years old

The player must not be under the age of 16 years or aged 18 years before 1st day of competition and must be within this age band until the competition has been completed.

Juniors Under 21 years old

The player must be between 18 years of age and 20 years of age by the 1st day of competition. The junior player cannot be over 21 years by the 1st day of competition and must be within this age band until the competition has been completed.

Seniors 18 years old and above

The player must be 18 years of age by the 1st day of competition. There is no upper age limit.